

**PROGRAM SCHEDULE – CHEMICAL DEPENDENCY UNIT**

<b>TIME</b>	<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>	<b>SATURDAY</b>	<b>SUNDAY</b>
6:30 AM	Wake-Up/Vital Signs	Wake-Up/Vital Signs	Wake-Up/Vital Signs	Wake-Up/Vital Signs	Wake-Up/Vital Signs	Wake-Up/Vital Signs	Wake-Up/Vital Signs
7:00-7:45 AM	Personal Time/ Room Clean-Up	Personal Time/ Room Clean-Up	Personal Time/ Room Clean-Up	Personal Time/ Room Clean-Up	Personal Time/ Room Clean-Up	Personal Time/ Room Clean-Up	Personal Time/ Room Clean-Up
7:45-8:15 AM	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
8:30 AM	Medications	Medications	Medications	Medications	Medications	Medications	Medications
9:00–9:30 AM	Community Meeting/ Goal Setting (CA)	Community Meeting/ Goal Setting (CA)	Community Meeting/ Goal Setting (CA)	Community Meeting/ Goal Setting (CA)	Community Meeting/ Goal Setting (CA)	Community Meeting/ Goal Setting (CA)	Community Meeting/ Goal Setting (CA)
10:00–11:15 AM	Drug and Alcohol Education (CA)	Drug and Alcohol Education (CA)	Women’s Group/ Men’s Group (RN/ C)	Drug and Alcohol Education (CA)	Drug and Alcohol Education (CA)	Drug and Alcohol Education (CA)	Drug and Alcohol Education (CA)
11:45AM–12:15PM	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
12 :15PM	Medications	Medications	Medications	Medications	Medications	Medications	Medications
1:00PM – 2:00 PM	Coping Skills (CA)	Group Counseling (C)	Relapse Prevention (CA)	Group Counseling (C)	Anger Management (CA)	Communication (CA)	Stress Management (CA)
2:15-3:15 PM	Therapeutic Recreation (CA)	Therapeutic Recreation (CA)	Therapeutic Recreation (CA)	Therapeutic Recreation (CA)	Therapeutic Recreation (CA)	Gym / Healthy Lifestyles (CA)	Therapeutic Recreation (CA)/ Visiting Hours (2:30PM- 4:00PM)
3:30 PM – 4:30 PM	Drug and Alcohol Education (CA)	Drug and Alcohol Education (CA)	Drug and Alcohol Education (CA)	Drug and Alcohol Education (CA)	Drug and Alcohol Education (CA)	Drug and Alcohol Education (CA)	Therapeutic Recreation (CA)/ Visiting Hours (2:30PM- 4:00PM)
4:45PM – 5:15 PM	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
5:15PM	Medications	Medications	Medications	Medications	Medications	Medications	Medications
6:15PM – 7:00 PM	Life Skills (CA)	Gym / Healthy Lifestyles (CA)	Visiting Hours (6:00PM-7:30PM)	Life Skills (CA)	Gym / Healthy Lifestyles (CA)	Medication Education (RN)	Personal Time
7:15PM-8:00PM	Written Assignments/ Journaling	Written Assignments/ Journaling	Written Assignments/ Journaling	Written Assignments/ Journaling	Written Assignments/ Journaling	Written Assignments/ Journaling	Written Assignments/ Journaling
8:00PM-9:00PM	AA/NA Meeting	AA/NA Meeting	Drug and Alcohol Education (CA)	AA/NA Meeting	AA/NA Meeting	CA Meeting	Drug and Alcohol Education (CA)
9:15PM-9:45PM	Wrap-Up (CA)	Wrap-Up (CA)	Wrap-Up (CA)	Wrap-Up (CA)	Wrap-Up (9:15-9:30) (CA)	Wrap-Up (9:15-9:30) (CA)	Wrap-Up (CA)
10:00PM-11:00PM	Personal Time	Personal Time	Personal Time	Personal Time	Movie Night 9:30PM-11:30PM	Movie Night 9:30PM-11:30PM	Personal Time
11:30PM	Quiet Time	Quiet Time	Quiet Time	Quiet Time	Quiet Time (12:00PM)	Quiet Time (12:00PM)	Quiet Time

AT= Allied Therapy

C= Counselor

CA = Counselor Aide

RN = Registered Nurse