

## FAIRMOUNT BEHAVIORAL HEALTH SYSTEM N4 (Dual Diagnosis)UNIT SCHEDULE

TIME	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
630a	Vitals ADLs	Vitals ADLs	Vitals ADLs	Vitals ADLs	Vitals ADLs	Vitals ADLs	Vitals ADLs
750a	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
830a	Medications	Medications	Medications	Medications	Medications	Medications	Medications
915a	Goal Setting PT	Goal Setting PT	Goal Setting PT	Goal Setting PT	Goal Setting PT	Goal Setting PT	Goal Setting PT
10a	Personal Time	Personal Time	Personal Time	Personal Time	Personal Time	RN Medication Ed.	PT Conflict Resolution
11a	AT Process Group	AT Process Group	AT Process Group	AT Process Group	AT Process Group	AT Process Group	AT Process Group
1150a	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
1230p	Medications	Medications	Medications	Medications	Medications	Medications	Medications
1p	Structured Activity	Structured Activity	Structured Activity	Structured Activity	Structured Activity	AT Process Group @ 1:15PM	AT Process Group @ 1:15PM
2p	Music Therapy (AT)	AT Process Group	AT Process Group	AT Process Group	RN Medication Education	2pm-3pm Visiting	Personal Time
3p	Quiet Time	Quiet Time	Quiet Time	Quiet Time	Quiet Time	Quiet Time	Quiet Time
330p	PT Stress Management	AT Group Activity or private time	SW group Discharge Planning	PT Relapse Prevention	AT Group Activity	PT Relapse Prevention	PT Healthy Life Skills
450p	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
530p	Medications	Medications	Medications	Medications	Medications	Medications	Medications
6p	630-730 Visiting	Structured Activity	630-730 Visiting	Structured Activity	Structured Activity	Structured Activity	Movie night
7p	RN Medication Education@7:30pm	GYM	Structured Activity	GYM	GYM	GYM	RN Medication Ed @7:30pm
8p	NA/AA meeting	NA/AA meeting	Personal Time	NA/AA meeting	NA/AA meeting	NA/AA meeting	Movie
9p	Medications	Medications	Medications	Medications	Medications	Medications	Medications
930p	Goal Review	Goal Review	Goal Review	Goal Review	Goal Review	Goal Review	Goal Review

<b>10p</b>	Bedtime	Bedtime	Bedtime	Bedtime	Bedtime	Bedtime	Bedtime
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- **AT-Allied Therapy, PT-Psyche Techs, RN-Nurses & SW-Social Worker**