Are you feeling increasingly depressed?

Notice that your psychiatric symptoms are worsening?

Having difficulty functioning at home, school, or work?

Do you need intensive follow-up care after an inpatient stay?

Need additional support and structure than is available with outpatient services?

Looking for a viable alternative for individuals not requiring inpatient treatment?

If you would like to know more about how Fairmount can help you, contact us any time day or night at 215-487-4100.

Physician consultation is available at all times.
Who can Benefit from our Partial Hospitalization Program?

Our Partial Hospitalization Program benefits those individuals who lack enough support at home and require more focused and structured therapy than can be provided in outpatient treatment. It also facilitates the transition from inpatient to home by offering on-campus day treatment in a comfortable setting. Emphasis is placed on stabilization and symptom reduction with the goal of returning the individual to home, work, or school with an improved level of functioning.

Program Highlights

- A freestanding facility providing acute, structured, short-term treatment during the day.
- Close psychiatric monitoring by a Board-Certified Psychiatrist and a Registered Nurse
- Individual and Group therapy
- Skills training and psychoeducational groups
- Family meetings and education support
- School time for adolescent patients
- Transportation provided for patients who live in Philadelphia and select areas of Montgomery and Delaware Counties
- Hours: 10:00 a.m. to 2:30 p.m. daily
- An active Alumni Program which meets monthly

Experienced and Qualified Staff

Our multi-disciplinary team of professionals includes a Board-Certified psychiatrist, a Registered Nurse, and Master's level clinicians. Our experienced and dedicated team provides personalized treatment and collaborates with other community providers, family members, and school personnel in order to help the patient develop the coping skills they need and promote a successful transition back to work, school, or home.

Many Insurances Accepted

Our Partial Hospitalization Program accepts coverage by most commercial insurance carriers, Medicaid, and Medicare.

Admissions Services and Assessment Center

Everything starts with our secured Assessment Center and Admissions Services Department, available 24/7 to provide timely emergent psychiatric evaluations for patients in crisis as well as accept direct referrals. Our Assessment Center is staffed by psychiatrists, RNs and highly skilled Master's level clinicians specially trained to assess individuals with a variety of behavioral health issues. Based upon clinical appropriateness we will arrange for patients to be transported to our Assessment Center using the most convenient and safest transportation modality and will pre-certify for the most appropriate level of care.

About Fairmount Behavioral Health

For over 75 years, Fairmount Behavioral Health has helped many people overcome a variety of behavioral health problems. Located on a 27-acre wooded campus, Fairmount is a peaceful, therapeutic environment for patients and families. Fairmount is fully accredited by the Joint Commission on the Accreditation of Healthcare Organizations (JCAHO).