

What is Partial?

Our Acute Partial Program is a free standing facility that provides acute, short-term treatment during the day for adolescents (14-17 years of age) and adults (18 years of age or older). It provides a vital alternative for those who do not require inpatient treatment, are in need of intensive follow-up after inpatient stay, or lack enough support at home to be successful while receiving outpatient treatment. Our program is designed to help you transition back into your community with a greater level of emotional well-being.

How will I get to the program?

Complimentary transportation services will be provided to and from our facility for those patients living in the Philadelphia and select surrounding areas.

Will meals be served?

Yes, complimentary lunch will be provided daily. Our adolescent program enjoys lunch in our dining room. Our adult program satellite location provides catered lunches on site. We can provide a limited alternative menu for those requiring special diets.

Can I skip days if I need to?

It is very important to attend treatment on all of your scheduled days. We understand that it may sometimes be difficult to get going in the morning, or tempting to skip a day to take care of other obligations. However, the only way the program can work is if you attend. Remember, we are here to help, and are committed to your success, and ask that you make the commitment to attend, even (and often especially) when it is difficult.

What will the day be like?

Adults will receive 4 intensive group therapy sessions (psychotherapy and psycho-education). Art and Recreational Therapy are also provided to compliment your treatment experience. Medication education and illness awareness groups are provided by our nursing staff. You will receive individual counseling sessions with your therapist, as needed, with an emphasis on progress with treatment goals. Lunch breaks and fresh air breaks are incorporated throughout the day. Adolescent patients will receive 2 intensive group therapy sessions, a social skills group/activity and 1 hour of daily classroom time with our teachers in order to assist you in remaining current with your studies.

How long will I be there?

The average length of stay is typically 2-3 weeks depending on your needs as well as the requirements of your insurance company.

Will my child be marked truant from school?

No, however, you will need to contact your child's counselor and notify him/her of your child's enrollment. You may also want to request any missed assignments. Have your child bring in his/her assignments so that he/she can work on them during the time that our adolescents attend their scheduled school session. At the time of your child's planned discharge you will be provided with a signed letter from our school's teacher stating your child's participation and attendance.

What will happen after I am discharged?

At the time of your planned discharge you will have a scheduled aftercare appointment(s) for continued therapy and medication management (if needed).

Will I be prescribed medications?

You will routinely meet with our psychiatrist to discuss the effectiveness of your medications. He/she may write a prescription for new medication or to maintain your existing ones. However, we will not dispense your medications to you. You should bring your medications to program if you are prescribed to take them during the day.

What are the hours of the program?

The program starts at 10:00am and ends at 2:30pm.

What if I have difficulty making my copay?

We will work out a payment plan with you which is reasonable and flexible.

It is our hope that this experience will help you in your journey to recovery and promote continued wellness in your life. We are excited to have you involved and look forward to meeting you here at the Acute Partial Program.

Sincerely, The Partial Hospital Team

